

Parent & Child Activity Calendar

Elementary School

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THE PARENT INSTITUTE® September • October • November 2018

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2018						1 Plant a fall flower, such as a mum, with your child. Or, plant bulbs that will come up in the spring.
2 Set aside time every day for reading aloud. Sometimes, let your child read to you.	3 Talk about three ways you used math today. Ask everyone in the family how they used math.	4 Write a note saying something nice about your child. Tuck it where she will find it later.	5 Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	6 Put a leafy stalk of celery into colored water. Tell your child to watch the color rise into the stalk over the next week.	7 Admit your mistakes and apologize to your child when you're wrong.	8 Make a special effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .
9 Make a habit of using Sunday nights as a time to talk with your child about the week ahead.	10 Have your child give you examples of a complete sentence, an incomplete sentence and a run-on sentence.	11 Write upcoming school events on your family calendar. Make plans to attend as many as you can.	12 Have a 20-minute DEAR time (Drop Everything And Read).	13 Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	14 Keep a notebook handy when watching TV. Have your child jot down five new words. Look them up later.	15 Take your child outside for a listening minute. Have him close his eyes and try to name the sounds he hears.
16 Have your child keep track of everything she eats this week. What one change would make her diet more nutritious?	17 Talk to your child about <i>citizenship</i> . What does being a good citizen mean in your family? In school?	18 Use a toothpick dipped in lemon juice to write a message. Your child can hold the paper up to a light bulb to decipher.	19 Write some fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.	20 Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.	21 Encourage your child to clean out his backpack every weekend. He'll start the week organized.	22 Select a word from the dictionary and draw a picture of it. See if your child can guess the word.
23 Tell your child three things that you love about her.	24 Together, write a poem about your family. Start each line with a letter from the word FAMILY.	25 Show your child a new shape today. If he already knows the basics, introduce a hexagon or octagon.	26 Make up trivia questions about your family. Quiz one another at the dinner table.	27 Figure out the average of something with your child.	28 Create leaf impressions. Place a sheet of paper over some leaves and rub over the paper with crayons.	29 Get a deck of cards and try to build a house of cards with your child. Ask questions about school and life as you work.
30 Go on a short walk with your child today.						

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	1 A planning calendar is key to organization. Make sure your child uses one to track her school assignments and tests.	2 Put items such as pebbles or acorns in a jar. Ask your child to guess the number of items. Count them together.	3 When your child comes home, have him draw a picture of his school day. Then, talk about it.	4 Talk with your child about a choice you've made and the consequences of that choice.	5 Put on music and spend 15 minutes drawing or writing with your child.	6 Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
7 Build responsibility. Give your child a small plant to take care of. Put her in charge of the watering schedule.	8 Read three poems with your child today.	9 Learn the sign language alphabet. Use it to practice spelling words.	10 Look at a tree in your neighborhood. Talk about how it has changed in the last few weeks.	11 Tell your child we learn when we try new things. Today, take a new route home or try a new food.	12 Does your child have homework to do over the weekend? Make sure he schedules time to complete it.	13 Help your child round up some friends and play a game together outside.
14 Do a crossword puzzle with your child. It's a great way to learn new words.	15 Make sure your child starts the day with a healthy breakfast.	16 Ask your child to pretend she's Mayor for a day. Have her list three ideas to make your community a better place.	17 Post a new vocabulary word and its definition on the bathroom mirror. Post a new one every week.	18 Dissolve some salt in water in a glass. Have your child observe it over the next few days. Talk about what happens.	19 Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.	20 When you're in the store, ask your child to figure how much tax you will be charged.
21 Watch the news with your child. Choose a person of the week. Read more about that person.	22 Give your child a measuring tape. Ask him to measure and record the dimensions of objects in your house.	23 Give your child 10 coupons, each good for 30 minutes of your uninterrupted attention.	24 With your child, learn how to count to 10 in at least three different languages.	25 Ask your child <i>how</i> and <i>why</i> questions to give her practice answering questions that require reasoning.	26 Watch a TV program with your child. Track the time spent on commercials vs. the program.	27 Ask your child to help you organize something, such as a closet.
28 Spend a half hour reading together today. Let your child pick the book you will read.	29 Create a word search for your child by hiding words in a grid and surrounding them with random letters.	30 Talk with your child about ways to handle stress. Exercising and talking to someone are good strategies to try.	31 What is the coldest place in the nation today? The warmest? What's the difference between the two temperatures?	<h2>October 2018</h2>		

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<h2>November 2018</h2>				1 Good report card? High grade on a test? Make your achiever the "King or Queen for a Day."	2 Model good table manners for your child.	3 Enjoy some outdoor physical activity as a family today.
4 Read a textbook assignment with your child. Then ask him to tell you about it in his own words.	5 Challenge your child to draw a picture with her eyes closed.	6 Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.	7 Ask your child to imagine what life was like 150 years ago. How does he think it will be 150 years in the future?	8 Play a game of charades with your child. Use hand gestures and motions to describe your word.	9 Have a jump rope contest today. See how many jumps your child can do in a row.	10 Have your child write a poem or story from the point of view of your family pet.
11 Encourage your child to write a thank-you to a favorite teacher this month.	12 Hum a song and see if your child can guess the name of the song.	13 Have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	14 When your child is unsuccessful, ask him, "How would you do it differently next time?"	15 Take a fraction walk with your child. Write down what you see: 3/6 of cars are blue, 4/5 of houses have a gray roof.	16 Let your child plan dinner tonight. How many food groups can she include?	17 Bake cookies with your child. If you're doubling a recipe, have your child do the math.
18 Listen to a piece of music that has no lyrics. Have your child write some lyrics for the song.	19 Invent a word with your child. Write a definition as it would appear in the dictionary.	20 Look over your child's homework. Give sincere compliments and constructive criticism.	21 Talk to your child about peer group pressure. Discuss ways to say <i>no</i> to drugs and alcohol.	22 At dinner, have each family member say something nice about every person at the table.	23 Fold paper to make different types of airplanes. See which ones fly the best.	24 Have your child draw a picture. Ask her to make up a story about it and tell it to somebody.
25 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one he gets.	26 Talk with your child about something she has done well today.	27 Give your child a notebook to use as a journal. Ask him to write in it for 10 minutes each day.	28 Ask your child to guess how many times she blinks in a minute. Then check!	29 Have your child hold his nose while he eats. Does it affect the taste of the food?	30 Have your child research events that occurred on the day she was born.	

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